



EMPOWEREQ:

Managerial Leadership with Emotional Intelligence

Course Duration	Course Dates	Course Locations	Course Fees (excl. VAT where applicable)
3 days	29 - 31 July 2024	Nairobi, Kenya	\$ 950
3 days	22 - 24 October 2024	Eldoret, Kenya	\$ 950

ENROL

Visit: www.training-connections.co.ke/calendarprograms

* Terms and Conditions apply



Contact us for special group rates
info@training-connections.co.ke



COURSE PREREQUISITE:-Participants are expected to complete a behavior preference questionnaire before the start of the Course; link to be availed upon registration.

COURSE OVERVIEW:-By the end of this 3-day training, participants should be equipped with the emotional intelligence skills necessary to excel in managerial leadership roles. They should have the ability to lead with empathy, inspire teams, and navigate the complexities of interpersonal relationships in the workplace.



KEY TAKEAWAYS

Foundations of Emotional Intelligence:

Develop a solid understanding of the key principles and components of emotional intelligence.
Recognize the significance of emotional intelligence in managerial leadership.

Self-Awareness and Self-Management:

Cultivate self-awareness to understand personal emotions and triggers.
Develop effective self-management strategies for emotional regulation.

Emotional Resilience in Leadership:

Enhance emotional resilience to navigate challenges and setbacks in managerial roles.
Develop coping mechanisms for maintaining composure under pressure.

Effective Communication with Emotional Intelligence:

Improve communication skills by integrating emotional intelligence.
Enhance the ability to convey messages with empathy and impact.

Conflict Resolution and Negotiation:

Acquire skills in resolving conflicts and negotiating with emotional intelligence.
Foster a positive and constructive approach to conflict management.

Decision-Making with Emotional Intelligence:

Integrate emotional intelligence into the decision-making process.
Understand the impact of emotions on strategic decision-making.

Feedback and Performance Management:

Develop skills in providing constructive feedback with emotional intelligence.
Implement emotionally intelligent performance management strategies.

Team Collaboration and Synergy:

Foster a collaborative team culture through emotionally intelligent leadership.
Develop strategies for promoting synergy and cooperation.





**Training
Connections**

● Personal Effectiveness ● Organizational Performance ● Leadership Effectiveness ●

ABOUT TRAINING CONNECTIONS

At Training Connections, we are all about assisting **PEOPLE** improve their **Personal Effectiveness** to achieve their **Organization's Performance** goals through enhancing their **Leadership Excellence**.

Core to the Training Connections philosophy is an excitement for people and their development that is felt from the first contact.

OUR PROGRAMS

Our programs are designed in collaboration with leadership & management faculty from prominent business schools and industry practitioners. The programs seek to transform the way people work together. We mount our programs to create vibrant working environments in which people feel valued and get heard, communication is honest and clear, decision-making timely and robust, and authentic leadership filters through the organizations we work with.

We Develop PEOPLE – Our skillset pillars.

Our four core training pillars are comprised of key components of the executive skillset needed to thrive in today's ever-changing business environment.

Self Awareness & Personal Development



We use a communication and behavior assessment tool called Clarity4D. This is an easy to understand tool that depicts different personalities in color; red, yellow, green and blue. It helps people understand themselves and others better.

Leadership and Management



Getting the leaders of your organisation especially at the top, behaving authentically, inspirationally, respectfully, and communicating with clarity, honesty and conviction is a critical driver of success. It sets the tone and creates the culture for others to emulate.

Team Dynamics and Development



In order for an organization to achieve excellence and meet its objectives, it must have cohesive working teams and we are equipped to help you achieve that.

Communication and Interpersonal Skills



With improved communication comes better relationships both at home and in the workplace. Using the Clarity4D tool, we guide you through your preferred communication style and help you understand other people's communication style as well.

BEGIN YOUR PERSONAL LEARNING AND DEVELOPMENT JOURNEY WITH TRAINING CONNECTIONS



All our learning programmes begin with an introduction to the Clarity4D model and our signature 'Personal Impact' workshop. This gives delegates valuable insights into themselves and the impact they can have on others, and lays the groundwork for improved working relationships and team performance.

CUSTOMIZE THIS PROGRAM

Turn this program into a custom learning experience for your team or organization.

Training Connections Limited helps organizations of all sizes in every industry identify core problems and create new solutions to address their current and future business needs. We work closely with you to holistically design a program that is delivered by facilitators with vast experience from training organizations just like you to get you results.

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accredited business partner



Clarity4D
clear colourful communication