



# THE EMOTIONALLY ADAPTABLE LEADER

Master your Unique Leadership Style for Maximum Impact

Course Duration	Course Dates	Course Locations	Course Fees (excl. VAT where applicable)
5 days	8 - 12 April 2024	Dar Es Salaam, Tanzania	\$ 2,250
5 days	4 - 8 November 2024	Dubai, UAE	\$ 2,250

## ENROL

Visit: [www.training-connections.co.ke/calendarprograms](http://www.training-connections.co.ke/calendarprograms)

\* Terms and Conditions apply



Contact us for special group rates  
[info@training-connections.co.ke](mailto:info@training-connections.co.ke)



**COURSE PREREQUISITE:**-Participants are expected to complete a behavior preference questionnaire before the start of the Course; link to be availed upon registration.

**COURSE OVERVIEW:**-This 5-day leadership development program is an exploration of your authentic leadership style to establish your voice, presence, and abilities as a communicator. Through powerful practical sessions, role playing and personal coaching, you will learn to become a more charismatic, collaborative, and influential team leader and adapt to your strengths while working on your leadership areas of hidden development.



## KEY TAKEAWAYS

### Self-Awareness and Emotional Intelligence:

Enhance self-awareness to understand personal strengths and areas for growth.

### Leadership Style Identification:

Understand the impact of your leadership style on team dynamics.

### Adaptive Communication Skills:

Develop effective communication strategies tailored to different situations and personalities.

### Flexibility and Change Management:

Develop adaptability skills to thrive in a rapidly changing work environment.

### Empathy and Relationship Building:

Build strong and positive relationships within the team.

### Conflict Resolution and Collaboration:

Acquire conflict resolution skills to address interpersonal issues within the team.

### Decision-Making Under Emotional Intelligence:

Make decisions with emotional intelligence, considering both rational and emotional aspects.

### Mindfulness and Stress Management:

Integrate mindfulness practices for stress reduction and improved focus.

### Inspiring and Motivating Teams:

Understand how to align individual and team goals with overall organizational objectives.

### Continuous Leadership Growth:

Develop a personalized plan for ongoing leadership improvement





**Training  
Connections**

● Personal Effectiveness ● Organizational Performance ● Leadership Effectiveness ●

## ABOUT TRAINING CONNECTIONS

At Training Connections, we are all about assisting **PEOPLE** improve their **Personal Effectiveness** to achieve their **Organization's Performance** goals through enhancing their **Leadership Excellence**.

Core to the Training Connections philosophy is an excitement for people and their development that is felt from the first contact.

## OUR PROGRAMS

Our programs are designed in collaboration with leadership & management faculty from prominent business schools and industry practitioners. The programs seek to transform the way people work together. We mount our programs to create vibrant working environments in which people feel valued and get heard, communication is honest and clear, decision-making timely and robust, and authentic leadership filters through the organizations we work with.

## We Develop PEOPLE – Our skillset pillars.

Our four core training pillars are comprised of key components of the executive skillset needed to thrive in today's ever-changing business environment.

### Self Awareness & Personal Development



We use a communication and behavior assessment tool called Clarity4D. This is an easy to understand tool that depicts different personalities in color; red, yellow, green and blue. It helps people understand themselves and others better.

### Leadership and Management



Getting the leaders of your organisation especially at the top, behaving authentically, inspirationally, respectfully, and communicating with clarity, honesty and conviction is a critical driver of success. It sets the tone and creates the culture for others to emulate.

### Team Dynamics and Development



In order for an organization to achieve excellence and meet its objectives, it must have cohesive working teams and we are equipped to help you achieve that.

### Communication and Interpersonal Skills



With improved communication comes better relationships both at home and in the workplace. Using the Clarity4D tool, we guide you through your preferred communication style and help you understand other people's communication style as well.

## BEGIN YOUR PERSONAL LEARNING AND DEVELOPMENT JOURNEY WITH TRAINING CONNECTIONS



All our learning programmes begin with an introduction to the Clarity4D model and our signature 'Personal Impact' workshop. This gives delegates valuable insights into themselves and the impact they can have on others, and lays the groundwork for improved working relationships and team performance.

## CUSTOMIZE THIS PROGRAM

**Turn this program into a custom learning experience for your team or organization.**

Training Connections Limited helps organizations of all sizes in every industry identify core problems and create new solutions to address their current and future business needs. We work closely with you to holistically design a program that is delivered by facilitators with vast experience from training organizations just like you to get you results.

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**Clarity4D**  
clear colourful communication